Year 4 Football Autumn

Crucial Knowledge & Skills

FOOTBALL

BALL CONTROL AND MOVEMENT



Children can dribble, pass, and receive the ball using different parts of the foot with increasing control. awareness and fluency

TEAMWORK AND COMMUNICATION



Stepping next to the ball and striking it with the inside of the foot

TACKLING



ATTACKING AND DEFENDING **PRINCIPLES**

Children understand how to create and use space. support teammates in attack, and apply pressure or marking to regain possession in defence.



DRIBBLING



Moving the ball with short touches using the inside and outside of the foot

SHOOTING



Striking the ball with the aim of scoring agal

TACKLING

Approaching from the side to win the



their performance uusing peer feedback strategies,

PASSING



Appreaching from the side to win the ball cleanly from an opponent

CREATING SPACE



Blocking and delaying an opponent to stop them advancing

- Children can apply **teamwork** strategies, such as creating space and supporting others.
- Children are developing the ability to evaluate their own and others' performance constructively.

Key Concepts

Children can cooperate using Kagan structures like **Rally** Coach, Timed Pair Share, and Round Robin in gamebased situations.

Important Techniques & Terms

Use inside and outside of foot, keep ball Dribblina close, head up, change direction &

speed

Step next to ball, strike with inside of foot, **Passing**

follow through towards target

Cushion the ball using foot or thigh, Receiving

watch the ball, soft touch

Strike with laces or inside, aim low **Shooting**

corners, body over the ball

Stay low, track player, use side-on **Defending** stance, timing to intercept or tackle

Move into space, signal for pass, time **Attacking Space**

your runs

Games

Small-Sided Apply learned skills in 3v3, 4v4, and 5v5

games, with clear roles

Dribbling – Children can move the ball using different parts of their foot with control, keeping their head up and maintaining awareness of others.

Other Key Vocabulary

Passina – Children can pass the ball accurately using the inside of the foot and make appropriate choices about when and where to pass.

Receiving -Children can stop or control the ball using their foot or thiah to prepare for the next action.

Attacking and Defending -Children understand basic

principles of how to keep or win possession, including marking, covering, and creating space.

Final Assessment - Children rotate through skill stations and mini-games assessing their ability to apply football skills in game situations. Assessment tasks may include:

- Dribbling through cones with control and changes of direction
- Short passing and receiving with a partner

What do you want to get better at next time?

- 3v3 mini-matches to assess positioning, teamwork, and applying tactics
- Target shooting challenges
- Defensive 1v1 scenarios

Success criteria	Pupil	Teacher
I dribbled the ball with control and changed direction when needed.		
passed the ball accurately to a teammate.		
received the ball using different parts of my body.		
I worked well in a team to attack and defend.		
used space effectively and supported others.		
I reflected on my performance and suggested improvements.		
I communicated clearly with my teammates.		
Evaluation of your ability		
What football skill have you improved most this term?		
What are you most confident doing during a match?		