



Many children have sensory issues.

New clothes, labels in clothes, brushing hair, brushing teeth and washing can be a major sensory overload.

The Sheffield Children's NHS Foundation Trust have printed these advice posters on how parents may support their children who have these issues.

Of course every child is different and what works one day may not work the next! The NHS advises parents to keep trying these strategies, even if they may not work the first time.

Good Luck!