

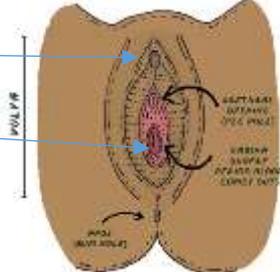
<p>Growing up G1 G2 G3 G4</p>	<p>Year: 5 Dobcroft Values Together we are kind Together we are safe Together we embrace difference</p> <p>British Values: Tolerance Rule of law Individual liberty</p>	<p>Key questions: How will my body change as I get older? How will my feelings change as I get older? How will I stay clean during puberty? What is menstruation?</p> <p>Red Flag Moments: Someone talks to me about my body in a way that makes me feel uncomfortable. I am unable to use the products I need to stay clean. Someone shows me / touches their genitals or asks to see or touch my genitals.</p>
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Previous Learning:
Year 2

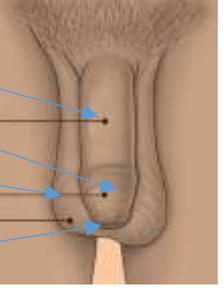
Key question:
How do bodies change as they get older?

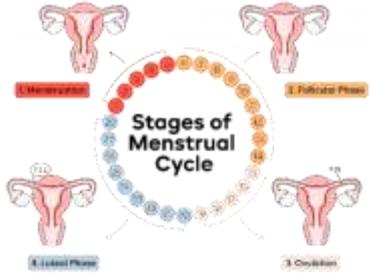
Key vocab:
Change, age, baby, child, teenager, adult, elderly

Clitoris
Vagina



Penis
Foreskin
Testicles and scrotum
Urethra





Stages of Menstrual Cycle

Puberty	the time of life when a child experiences physical and hormonal changes that mark a transition into adulthood
Testicles	either of the two oval organs that produce sperm in men
Penis	An external male reproductive organ.
Erection	an enlarged and rigid state of the penis
Ejaculation	ejecting semen from the penis
Vagina	the muscular tube leading from the external genitals to the cervix of the uterus (where period blood comes out)
vulva	female external genitals
clitoris	Lump of tissue at the top of the vulva
menstruation	Blood from the lining of the uterus coming out of the vagina
hormones	Substance sent to stimulate specific cells or tissues into action (e.g to go through puberty)
ovaries	organ in which ova or eggs are produced
uterus	The uterus is where a fetus (unborn baby) develops and grows.
genitals	external organs of reproduction.
Luxury poverty	Not enough money to buy sanitary (period) or cleaning products
Sanitary product	tampons, panty liners, menstrual cups, sanitary towels designed for feminine hygiene with the menstrual cycle
Mood swing	Mood might change more frequently, quickly and randomly. It's common to feel confused, scared or angry and not know why



