## Swipe



What you need: 2 players min, one person to call the instructions and one item to swipe.

## How to play:

- Players begin facing each other with the item on the floor in between them.
- Players complete the following actions called by the 'caller' and race to 'swipe' (pick up) the item on the callers command 'swipe', winning one point every time they do so:
- Jogging on the spot
- Star jumps
- Hopping
- Heel flicks
- High knees



## How quick are your reactions?