STAYNWORKOUT SCHOOL # STAYNWORKOUT FOLLOW. RETWEET. GET INVOLVED.

A-Z School Games Challenge

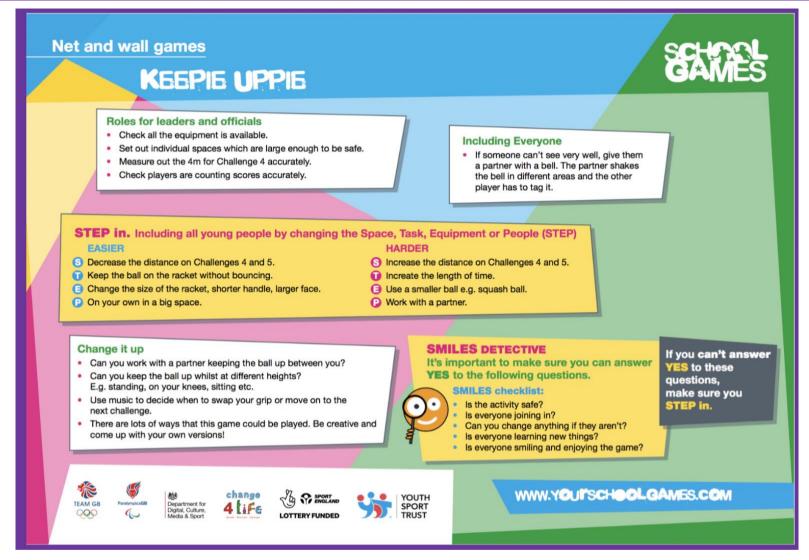
T – Tennis

Challenge – Keepie Uppie

We would love to see you all being active and improving your physical skills, keep us updated (via twitter) with your efforts using the #StayInWorkOut and tag @ThinkActiveCSW







FUN FACT – There are 4 "Grand Slam" tennis tournaments: Wimbledon, US Open, French Open and The Australian Open. The record for the longest game took 11 hours and 5 minutes, and was played over 3 days.

The final score read: John Isner def. Nicolas Mahut 6–4, 3–6, 6–7(7–9), 7–6(7–3), 70–68.

If you have enjoyed this challenge and would like to find out more, check out this link to get on court or find a coach - https://www.lta.org.uk/play-compete/get-on-court/find-a-tennis-court/